

Regional School District 13 - Student-Athlete Assessment

Student-Athlete = _____

Sport and Season = _____

C.A.R.E.S.	Exemplary	Proficient	Developing	Needs Improvement
<p style="text-align: center;">Character</p> <ul style="list-style-type: none"> • Honesty and Integrity • Respect and Attitude • Courage • Kindness 	<ul style="list-style-type: none"> • Serves as a positive role model to the team and department. • No code of conduct issues 	<ul style="list-style-type: none"> • Represents self, the team and the department in a positive manner. • No code of conduct issues. 	<ul style="list-style-type: none"> • At times requires character redirection. • A few instances with code of conduct issues. 	<ul style="list-style-type: none"> • Frequently requires character redirection. • Multiple code of conduct issues.
<p style="text-align: center;">Academics (Achievement)</p>	<ul style="list-style-type: none"> • 3.66 > Grade Point Avg. • High Honors • Maintains A's and B's 	<ul style="list-style-type: none"> • 3.65 to 3.00 GPA • Honors • Maintains A's and B's 	<ul style="list-style-type: none"> • 2.99 to 1.67 GPA • No F's 	<ul style="list-style-type: none"> • 1.66 GPA or below • 1 F • Academic Monitoring Program
<p style="text-align: center;">Responsibility</p> <ul style="list-style-type: none"> • Communication • Accountability • Attendance • Responsible Behavior 	<ul style="list-style-type: none"> • Serves as a model of responsibility to the team and department. • Consistently demonstrates superb responsibility skills. 	<ul style="list-style-type: none"> • Reliable when it comes to self-responsibility • Often demonstrates dependability. 	<ul style="list-style-type: none"> • Often needs reminders about team expectations and guidelines 	<ul style="list-style-type: none"> • Demonstrates limited responsibility skills. • Issues with meeting deadlines.
<p style="text-align: center;">Effort</p> <ul style="list-style-type: none"> • Work Input • Confidence • Positive Perseverance • Courage • Pre-Season Preparation 	<ul style="list-style-type: none"> • Applies effort as a role model to the team. • Works beyond potential. • Models and encourages determination in order to motivate others as well as self. 	<ul style="list-style-type: none"> • Consistently hard-working. • Works to potential. • Shows determination. 	<ul style="list-style-type: none"> • Sometimes works hard. • Does not work at their potential. • Needs to be cued about their effort. 	<ul style="list-style-type: none"> • Many inconsistencies in effort demonstrated during play/practice. • Does not put forth the effort needed to improve.
<p style="text-align: center;">Sportsmanship</p> <ul style="list-style-type: none"> • Positive Pride • Ethics • Hospitality 	<ul style="list-style-type: none"> • Advocate for Sportsmanship. • Sportsmanship role model on and off the field/court. 	<ul style="list-style-type: none"> • Consistently Demonstrates Sportsmanship. 	<ul style="list-style-type: none"> • Understands Sportsmanship. • One or two instances of poor sportsmanship. 	<ul style="list-style-type: none"> • Sportsmanship issues. • Reminded often of sportsmanship expectations.
<p style="text-align: center;">Comments</p>				

The Student-Athlete's goals should also suggest **HOW** the student-athlete will achieve these goals.

1. SEASON Goals/Notes:	Date:	2. SUMMARY/Notes:	Date:
Personal:			
Team:			

3. END-of-Season SUMMARY:	Date:	4. End of Season Notes:	Date:
Personal:			